

MEAL PRICES

Lunch:

Elementary Lunch (K-6) (See monthly menu for selections) \$2.40 Includes Main Dish, Milk, 2 Fruits and 3 Vegetables

Meal Price

\$2.40

Secondary School Lunch:	REGULAR MEAL: \$2.60 (ANY \$2.20 MAIN DISH ITEM, MILK, and CHOICE OF 2 FRUITS AND 2 VEGETABLES (EXCLUDES FRIES OR 8 OZ. SOUP AS A VEGETABLE CHOICE))	\$2.60
Secondary School Lunch:	COMBO MEAL: \$3.60 SAME AS FIRST MEAL OPTION ABOVE, BUT CHOOSE FRIES (REGULAR OR SWEET POTATO) AS ONE OF YOUR VEGETABLES	\$3.60
Secondary School Lunch:	SOUP MEAL: \$3.60 SAME AS FIRST MEAL OPTION ABOVE, BUT CHOOSE 8 OZ VEGETABLE BASED SOUP AS ONE OF YOUR VEGETABLES	\$3.60
Secondary School Lunch:	FRESH CREATIONS MEAL: \$3.60 SAME AS FIRST MEAL OPTION ABOVE, BUT CHOOSE FRESH CREATIONS OPTION AS MAIN DISH ITEM	\$3.60
Secondary School Lunch:	GRILL SENSATIONS MEAL: \$3.60 SAME AS FIRST MEAL OPTION ABOVE, BUT CHOOSE GRILL SENSATIONS OPTION AS MAIN DISH ITEM	\$3.60

Secondary School Daily Fruits: canned fruit on self serve bar, fresh fruit, 4 oz fruit CUP in self serve case, 6 oz 100% juice OR 4 oz Juice Alive Slushie

Secondary School Daily Vegetables: fresh carrot sticks with sm drsg. pkt., celery with peanut butter, fresh cooked vegetables, mixed green side salad "shaker", fresh vegies with dip, fries or sweet potato fries (\$1.00 upcharge), vegetable based soup (\$1.00 upcharge)

Breakfast:

Elementary Breakfast (K-6) (See monthly menu for selections): All breakfasts include Milk, fruit or 100% fruit juice and main dish of the morning or daily main dish (see below) Daily main dish breakfast choice: Choice of reduced sugar Kellogg's or General Mills cereal along with choice of string cheese or a variety of fun graham crackers, including whole grain or Trix yogurt with Graham Cracker	\$1.25
Secondary Breakfast (See monthly menu for selections): All breakfasts include Milk, fruit or 100% fruit juice and main dish of the morning or any \$1.00 breakfast main dish listed below (offered on a rotating basis)	\$1.50

Taylor High School

***Meal price includes Main Dish, 2 Vegetables, 2 Fruits, and Milk

DAILY CHOICE OF SECONDARY LUNCH MAIN DISH	Main Dish Only	Meal
Featured "DAILY BUZZ" main dish of the day	\$2.25	\$2.60
Bosco Mozz Stuffed Breadsticks 6" (2) Whole Grain & Pizza Sauce	\$2.25	\$2.60
Burger, Premium Charbroiled Burger or Cheeseburger	\$2.25	\$2.60
Tenders-3, Nuggets-6, Rings-6, Smackers-10	\$2.25	\$2.60
Chicken Pattie, Breaded on Bun (Plain or Spicy)	\$2.25	\$2.60
Chicken Pattie, Grilled on Bun	\$2.25	\$2.60
Chicken: Popcorn, Plain (16 piece) or Buffalo (12 piece)	\$2.25	\$2.60
Cold: Chef Salad with Cheddar Cheese/Egg and Crackers (12)	\$2.25	\$2.60
Cold: Chicken/Tuna Salad Plate with Crackers (12)	\$2.25	\$2.60
Cold: Sandwiches, Turkey/Cheese, Ham/Cheese on a variety of breads	\$2.25	\$2.60
Cold: Submarine: Club with Ham/Turkey/Chz	\$2.25	\$2.60
Cold: Submarine: Italian with Pepperoni/Salami/Chz	\$2.25	\$2.60
Cold: Cheese/Pepperoni/Cracker/Yougurt "Lunchable"	\$2.25	\$2.60
Fish Sandwich	\$2.25	\$2.60
Hummus with Pita Triangles	\$2.25	\$2.60
Mozzarella Cheese Sticks (6)	\$2.25	\$2.60
Nachos (2 oz bag) with Cheese Sauce (4 oz cup)	\$2.25	\$2.60
PBJ Jamwich	\$2.25	\$2.60
Pizza Wedge or 4x6 Square	\$2.25	\$2.60

Subject To Change

"MAKE IT A MEAL"

We are able to offer significant savings to students who "MAKE IT A MEAL"! This is the BEST VALUE for your breakfast and lunch dollars spent. Meals consist of the following:

Secondary School

Breakfast: \$1.50 Includes MAIN DISH (see list above), MILK, and Choice of Fruit or 100% Juice

\$2.60 Lunch:	Regular Meal: Includes ANY \$2.20 MAIN DISH, MILK, choice of 2 Fruits and 2 vegetables
\$3.60 Lunch:	COMBO MEAL: Same as first meal choice above but choose fries as one of your vegetables
\$3.60 Lunch:	SOUP MEAL: Same as first meal choice above but choose 8 oz soup as one of your vegetables
\$3.60 Lunch:	FRESH CREATIONS MEAL: Same as first meal choice above but choose Fresh Creations option as main dish item
\$3.60 Lunch:	GRILL SENSATIONS MEAL: Same as first meal choice above but choose Grill Sensations option as main dish item

Taylor High School

***Meal price includes Main Dish, 2 Vegetables, 2 Fruits, and Milk

DAILY CHOICE OF SECONDARY BREAKFAST MAIN DISH	Main Dish Only	Meal
Banana Bread	\$1.10	\$1.50
Belgian Waffle Stix (3)	\$1.10	\$1.50
Biscuit with choice of Egg or Egg Omelet or Sausage	\$1.10	\$1.50
Breakfast Bar, Whole Grain (Choc. Chip/Oatmeal Raisin)	\$1.10	\$1.50
Breakfast Pizza (Sausage/Gravy) or (Bacon/Egg)	\$1.10	\$1.50
Cereal Bowl or Bar with eggs, string chz, graham or oats	\$1.10	\$1.50
Eggo Mini Waffles	\$1.10	\$1.50
Flapstick	\$1.10	\$1.50
French Toastix (3)	\$1.10	\$1.50
Oatmeal, Instant with Granola Bar	\$1.10	\$1.50
PBJ Graham Wafer Bar	\$1.10	\$1.50
Pillsbury Maple Burstin Pancake Pouch	\$1.10	\$1.50
Pillsbury Mini Cini	\$1.10	\$1.50
Pop Tart, Kelloggs (2 pack)	\$1.10	\$1.50
Trix Yogurt with graham cracker or oatmeal	\$1.10	\$1.50

ROTATING BREAKFAST ENTREES

Apple Bosco Stick	\$1.10	\$1.50
Bacon Biscuit	\$1.10	\$1.50
Biscuit with Gravy	\$1.10	\$1.50
Cinnamon Tastrie	\$1.10	\$1.50
Fresh Baked Cinnamon Breakfast Swirl	\$1.10	\$1.50
Homemade Oatmeal with Quaker Granola Bar	\$1.10	\$1.50
UBR, Fresh Baked (Original or Sunberry)	\$1.10	\$1.50

"MAKE IT A MEAL"

We are able to offer significant savings to students who "MAKE IT A MEAL"! This is the BEST VALUE for your breakfast and lunch dollars spent. Meals consist of the following:

Elementary Schools

Breakfast:	\$1.25 Includes Main Dish (see menu), MILK, and Choice of Fruit or 100% Juice
Lunch:	\$2.40 Includes Main Dish (see menu), MILK, 3 Vegetables and 2 Fruits

ALA CARTE PRICING

FRUITS, VEGETABLES, SOUP, PASTA, RICE

Fresh Fruit (Whole Pieces) Apple, Banana, Oranges	\$0.85
Mini Carrots (Carroteenes) 1= .50 2= .75	\$0.85
Raisins	\$0.85
Celery (4 oz) with Peanut Butter (2 oz)	\$0.85
Baked Potato w/Butter	\$1.35
Fruit - Canned, 8 oz. 4 oz \$.80	\$1.35
Rice/Pasta Plain, 8 oz. 4 oz \$.80	\$1.35
Steamed Vegetables, 8 oz. 4 oz \$.80	\$1.35
Cottage Cheese with Fruit	\$1.35
Fresh Fruit Plate (Cut Up)	\$1.35
Macaroni and Cheese 8 oz. 4 oz \$.80	\$1.35
French Fries: Secondary School Only	\$1.50
Soup 8 oz	\$1.85
Soup 12 oz (adults only)	\$2.25

ICE CREAM & YOGURT

Yogurt, Trix or Gogurt, 4oz.	\$0.85
Ice Cream/Sherbet/Yogurt Cups, Push Ups, Sandwiches & all other individual ice cream	\$1.10
Lemon Lime and Sour Fruit Shots	\$1.75
Frozen Yogurt, Soft Serve	.50/oz

BEVERAGES

Milk, 1/2 pint, skim (White, Chocolate) or 1% White	\$0.50
Juice 4 U, 4 oz. 100% Juice	\$0.60
Hot Chocolate Packets, Nestle	\$0.85
Juicy Juice Juice Boxes or 6 oz Cups	\$0.85
Water, Plain, 10 oz. (Glacier Lakes)	\$0.85
Juice Alive Frozen Juice Smoothie, Fresh 4 oz (subs for fruit on meal)	\$1.10
Arizona Tea, Arnold Palmer, 11.5 oz can	\$1.10
Capuccino, French Vanilla, Hot Chocolate and Flavored Coffees, 12 oz.	\$1.10
Water, Plain, 16.9 oz	\$1.10
Fruit 2 O, 16.9 oz. Assorted Flavors	\$1.45
Calypso Zero, 16.9 oz Bottle	\$1.45
Crystal Lite, 16 oz	\$1.45
Juicy Juice 10 oz Bottle 100% Juice	\$1.45
Very Fine, 12 oz. can or 10 oz. bottle	\$1.45
Everfresh, 12 oz Bottle 100% juice	\$1.45
Gatorade 62, 12 oz bottles	\$1.45
Nesquick, 8 oz	\$1.45
Powerade, 20 oz bottle	\$1.45
Propel, 16.9 oz Bottle	\$1.45
Riptide Waves, 16.9 oz	\$1.45
Switch SLIM Can	\$1.45
Lipton Tea, Diet Green and Unsweetened, 16.9 oz	\$1.45
V8 Fusion, 8 oz cans	\$1.45
Water, Plain, 25.3 oz, sport cap (Crystal Geyser)	\$1.45
Milk Chugs, Pint (White, Choc, Strawberry)	\$1.45
Soy Milk	\$1.45
LaLa Yogurt Smoothie, 8.1 oz	\$1.45
Sparkling Ice, Assorted Flavors	\$2.25
Naked Juice, Assorted Flavors	\$2.25

Subject to Change

BREAD ITEMS

Breadstick, White or Wheat or Dinner Roll	\$0.35
Crackers (8 pack) Saltine, Club 2-(2 pack), or Oyster	\$0.35
Graham Crackers (All Varieties, One pack)	\$0.35
Bagel, Lenders, Individually Wrapped	\$0.60
Biscuit, Fresh Baked	\$0.60
Bagel, Large Soft 4 oz, Sliced	\$0.85
Oatmeal, 8 oz.	\$1.10

CONDIMENTS/DRESSINGS/DIPS

(Portion Control Packet) Ketchup, Mayonnaise, Honey, Margarine,
Mustard, Taco Sauce, Tartar Sauce, Cocktail Sauce, Jelly
Hot Sauce (No more than 2 per entrée or fries, except 3 for Ketchup)

Additional Packs	\$0.05
Cheese Slice or Parmesan Cheese Packet	\$0.35
Honey Mustard or Bar-B-Q Cup, Syrup Cups (1 free with entrée)	\$0.35
Lettuce & Tomato (side item for Sandwich fixin)	\$0.35
Pizza Dipping Sauce	\$0.35
Cream Cheese Cup	\$0.60
Salad Dressing (Marzetti) or Ranch Cup	\$0.60
Fresh Creations/Grill Sensations Toppings Bar	\$1.10

DESSERTS & SNACKS

Fortune Cookie (2)	\$0.35
Chips, Fun Size, Frito Lay and Pepperidge Farm Goldfish Crackers	\$0.60
100 Calorie- Chips Ahoy, Oreo Crisps	\$0.85
Chex Mix and Simply Chex	\$0.85
Chips, Frito Lay Brand, Regular Size, Baked and Regular	\$0.85
Cookie, Fresh Baked, Whole Grain Oits 1.5 oz	\$0.85
Frito Lay Corn Chips, Sun Chips, Doritos, Munchie Mix (Reduced Fat)	\$0.85
Frito Lay, Baked Snacks (Cheetos, Flamin Hot, BBQ, Regular Potato Chip)	\$0.85
Fruit Roll Ups, Fruit Snacks and Fruit by the Foot	\$0.85
Granola Bars, Small	\$0.85
Peanuts, Ind Bag	\$0.85
Popcorn, Regular and White Cheddar (Johnny Rapps)	\$0.85
Sunflower Seeds	\$0.85
Fruit Packet	\$1.10
Muffin, 1.8 oz, Otis Spunkmeyer	\$1.10
Nacho Chips, Barrel of Fun, 2 oz	\$1.10
Nutrigrain Bars	\$1.10
PBJ Graham Wafer Bar	\$1.10
Pop Chips (puffed)- BBQ, Original, Sour Cream and Onion	\$1.10
Pudding, Individual 4 oz. Chocolate and Vanilla	\$1.10
Pita Chips, Stacys Cinnamon Sugar or Parmesan, Garlic & Herb	\$1.10
Ultimate Breakfast Round	\$1.10

THREE RIVERS LOCAL SCHOOLS FOODSERVICE
PRICE LIST 2016-2017

HOT DELI ITEMS

Egg Pattie	\$0.60
Sausage Pattie	\$0.60
Soft Pretzel, 2.5	\$0.85
Jumbo Pretzel, 5oz.	\$1.10
Cheese Sauce, Nacho, Queso or Cheddar, 4 oz 2 oz. \$.75	\$1.10
Egg Roll (1) with Fortune Cookie	\$1.35
Big Cheese Soft Pretzel, 5oz.	\$1.35

COLD DELI ITEMS

Cheese Slice, American or Swiss	\$0.35
Pickle Chips, 1 oz	\$0.35
Pickle Spear	\$0.35
Boiled Egg, Deviled Egg (1)	\$0.60
String Cheese or Cream Cheese, Lite or Strawberry	\$0.60
Jalapeno Peppers, 1 oz	\$0.60
Sour Cream Cup	\$0.60
Fresh Fruit (Whole Pieces) Apple, Banana, Oranges	\$0.85
Pickle, Whole Kaiser wrapped	\$1.10
Cottage Cheese with Fruit	\$1.35
Fresh Fruit Plate (Cut Up)	\$1.35

Meal Price includes Milk, 2 Fruit Choices and 2 Vegetable Choices

<u>MAIN DISH ITEMS THAT WILL ROTATE ON THE MENU</u> (or alternate MAIN DISH offering)	Main Dish Only	Meal
Baked Tostitos with Taco Meat and Cheese	\$2.25	\$2.60
Beef Pattie, Country Fried with Gravy	\$2.25	\$2.60
Beef Sliders (2) Plain or with Cheese on Mini Buns	\$2.25	\$2.60
Beef Tips over Noodles	\$2.25	\$2.60
Bosco Mini-Sticks (Pepperoni 4") (4)	\$2.25	\$2.60
Breadsticks with Cheese & Pizza Sauce, Fresh Baked	\$2.25	\$2.60
Brunch Lunch: French Toastix (3), Sausage Pattie(1) Egg(1)	\$2.25	\$2.60
Cheese Coney	\$2.25	\$2.60
Chicken Fajita over Rice	\$2.25	\$2.60
Chicken Pot Pie	\$2.25	\$2.60
Chicken, General TSO over Rice	\$2.25	\$2.60
Chicken, Grilled Barbeque with Dinner Roll	\$2.25	\$2.60
Chicken Wrap	\$2.25	\$2.60
Chili 3 Way Spaghetti	\$2.25	\$2.60
Chili Cheese Dip with Nachos	\$2.25	\$2.60
Corn Dog or Mini Corn Dogs (6)	\$2.25	\$2.60
Hoagie, Meatball or Small Steak Hoagie	\$2.25	\$2.60
Grilled Cheese, Oven Baked	\$2.25	\$2.60

FRESH CREATIONS (includes Fresh Creations Toppings Bar)

Pizzeria Style Steak Hoagies	\$3.25	\$3.60
Large Chef Salad or Large Specialty Salad	\$3.25	\$3.60
Mexican Madness	\$3.25	\$3.60
Go Bold, Go Buffalo	\$3.25	\$3.60
Tour of Italy Pasta Bar	\$3.25	\$3.60
Cheesy Garlic Flatbread Pizza	\$3.25	\$3.60
Make it Fresh Make it Flatbread	\$3.25	\$3.60
Deli Destination	\$3.25	\$3.60

Subject to Change

Meal Price includes Milk, 2 Fruit Choices and 2 Vegetable Choices

<u>MAIN DISH ITEMS THAT WILL ROTATE ON THE MENU</u>	Main Dish Only	Meal
Lasagna Roll up with Meat Sauce	\$2.25	\$2.60
Meatloaf with Gravy and Dinner Roll	\$2.25	\$2.60
Open Faced Roast Beef Sandwich	\$2.25	\$2.60
Open Faced Turkey Sandwich	\$2.25	\$2.60
Pizza- 4 x 6 rectangular	\$2.25	\$2.60
Pizza- Wedge, Regular	\$2.25	\$2.60
Pork Chops, Breaded with Gravy and Dinner Roll	\$2.25	\$2.60
Pulled Pork BBQ on Bun	\$2.25	\$2.60
Quesadilla- Chicken or Cheese	\$2.25	\$2.60
Ravioli, Chef Boyardee	\$2.25	\$2.60
Rib-BQ (Beef or Pork) on Bun	\$2.25	\$2.60
Roast Beef N Cheddar, Hot on Bun	\$2.25	\$2.60
Salisbury Steak/Gravy with Dinner Roll	\$2.25	\$2.60
Shrimp, Popcorn, Country-Style	\$2.25	\$2.60
Sloppy Joe on Bun	\$2.25	\$2.60
Spaghetti with Meat Sauce	\$2.25	\$2.60
Spaghetti with Meatballs (5)	\$2.25	\$2.60
Taco, Soft (Beef or Chicken)	\$2.25	\$2.60
Terriyaki Chicken with Dinner Roll	\$2.25	\$2.60
Turkey (or Chicken) /gravy with Dinner Roll	\$2.25	\$2.60

Grill Sensations (includes Fresh Creations Toppings Bar)

Gourmet Grilled Cheese	\$3.25	\$3.60
Fajitas	\$3.25	\$3.60
Paninis	\$3.25	\$3.60
Chicago Deli Dog	\$3.25	\$3.60
Pub Burger	\$3.25	\$3.60
Italian Melt	\$3.25	\$3.60
Philly Cheese Steak	\$3.25	\$3.60
Fried Rice	\$3.25	\$3.60
Stir Fry	\$3.25	\$3.60
Fresh Quesadilla	\$3.25	\$3.60