



April 22, 2009

Three Rivers Local School District  
**NEWSBLAST**



# HAPPY EARTH DAY

Great tips from the Cincinnati Enquirer 4/21/09

Another Earth Day comes up Wednesday (today), this one in the midst of an economic slowdown. Do right by the planet as well as by your bank account. From the editors of Woman's Day magazine and Elizabeth Goldsmith's "Green Cleaning for Dummies," here are some minor changes you can incorporate into your daily life to bring about big change.

### **Simple and effective ways to help the environment and your bottom line**

Take stock of beauty products you use and try eliminating three of them. You'll save money and have less packaging to throw away.

Ditch the paper towels. They're a big source of waste. Use old kitchen towels or a sponge instead.

Drink tap water instead of buying bottled.

Eat less meat. Make a vegetarian dinner one night a week. You'll save cash and lessen agriculture-related pollutants.

Cut down on packaging waste in your laundry room by buying the smaller-size "ultra" or concentrated detergent.

Do your part outdoors by grasscycling: Leave lawn clippings on the ground rather than bagging them after mowing. They act as a natural fertilizer. Plus, no need for plastic bags.

## Small steps, big effect

A few simple changes during the year can make every day Earth Day:

If you recycle your Sunday paper every week, you will keep four trees alive per year and increase the earth's oxygen.

If you cut one 20-mile car trip each week by completing errands at once rather than making separate trips, you will prevent more than 1,200 pounds of greenhouse gas from being emitted and adding to global warming.

If you recycle a six-pack of aluminum cans every week, you will save enough energy to power a television for 936 hours.

If you cut five minutes from your daily shower, you will save up to 9,000 gallons of water.

## Keeping clean

Reduce your need for harsh cleaners by preventing messes and keeping dirt, germs and toxins out of your home.

As you enter the house, wash your hands and remove your shoes, which keeps you from tracking in dirt and pesticide residues.

Take your dry cleaning out of its plastic bags to air out any fumes from chemical cleaning solutions.

In the bathroom:

Run a fan during your shower and for 10 minutes after to fight mildew.

Shut the toilet lid before flushing and between uses.

Keep your drains running clear - avoid the need for poisonous drain cleaners - by periodically cleaning them with baking soda and vinegar.

**Don't forget that May 7 is Three Rivers Night at the Reds game. Tickets are still available for \$17 each. Order your tickets by calling Gail or Tom at 941-6400**



Don't forget that our own Taylor HS Alumni Chorus is presenting their annual spring program this weekend on Friday and Saturday at 7:30pm at Taylor HS. Call 607-9478 for tickets or tickets may be purchased at the door.

**And if you are a BIG Reds fan you can also help support our local youth baseball and softball programs by buying tickets through the Kids Glove program for Monday, April 27 at 7:10pm or Tuesday, April 28 at 7:10pm. 100% of the proceeds goes to our Three Rivers AA baseball and softball teams. Call Scott at 941-0596 for tickets.**



**CORRECTION from Monday's E-News - The THS choir concert on April 26 at North Bend UMC starts at 7pm, not 5pm as published.**