

THREE RIVERS LOCAL SCHOOL DISTRICT

On-Line CURRENT



Monday, October 2, 2006



Check out the NEW Three Rivers WebSite at www.threeriversschools.org .



Just a reminder that this newsletter is always looking for great news about our kids and schools. Please read to the end of this newsletter to find out how you can submit information.



Any individual who is willing to volunteer for the Development office with data entry and locating alumni members of Taylor High School please call Tom at 941-6400.



Ohio News Network, ONN, is initiating a monthly service award that recognizes teachers throughout the State of Ohio for their remarkable acts of selflessness and willingness to serve their school and community. Please log on to www.ohionewsnw.com for more information and to obtain a nomination form. Nominate our outstanding teachers in the Three Rivers Local School District.



Call 941-6400 if you are interested in buying a THS yearbook from the following years; '32,'33,'35,'36,'37,'40,'44,'54,'57,'60,'63,'67,'69,'70,'84,'85,'86,'87,'88,'90,'93,'94,'95,'96,'97,'98,'99,'00,'01,'02,'04,'05. Yearbooks before 2002 are \$25 each. Yearbooks from '02, '04, and '05 will be \$70, which is the same price paid by the students for the yearbooks in school.



We need walkers and runners to participate in the 1st annual Fear the "CLIFF" on November 12th. In order to have a successful event we need everyone to encourage friends and family to fill out the registration form and return. Scroll down towards the end of this newsletter to find your copy! Return to:

Fear the "CLIFF" 92 Cleves Ave. Cleves, Ohio 45002



The Three Rivers School District is looking for 2 new members for the District Finance Committee. If you have a financial background (banking/accounting) and would like to offer your expertise to make Three Rivers financially stronger please e-mail John Wilkinson at jwilkinson@three-rivers.org



Three Rivers Schools Family Halloween Event

Mark your calendars NOW!

What: A safe, fun, family event

Where: Meredith Hitchens School – first floor

When: Sunday October 29

-3pm - Family show by Mad Cap Puppets in the gym
-Games and Trick or Treat after the family
show until 5:30pm

Why: To celebrate Halloween in a safe manner with the entire family

Who's Invited: All district children 5th grade and younger and their family

This event is geared towards the family and will be presented in a very safe and non-scary manner.

-The Mad Cap presentation is sponsored by the Three Rivers Elementary PTA



Highlights

*Our district has formed a District Leadership Team related to implementing the Ohio Integrated Systems Model (OISM) district wide. OISM provides an opportunity for systems change towards a prevention & early intervention model. Implementation involves a professional partnership with SERRC (Special Education Regional Resource Center). Through this model, students benefit from academic and behavior supports. OISM supports schools in ensuring that ALL students succeed. To learn more about OISM, visit the Southwestern Ohio Special Education Regional Resource Center's website at www.swoserrc.org

*The team reviewed the OISM Implementation Self Assessment and Planning Tool. The team was happy to report through the tool that many of the "pieces" for effective implementation of OISM in our district are currently in place (i.e., having a team with representatives from key stakeholder participants including the superintendent, school psychologists, teachers, principals, parents, and SERRC consultants).

*District behavior expectations were developed including:

BE RESPECTFUL
BE RESPONSIBLE
BE SAFE

*There will be a presentation on OISM with the SERRC DVD at the school board meeting on October 9th. This will also be shared with the community through Time Warner.

*A quote from one of our parents, Cathy Schutte, "After attending two OISM team meetings and a training, I have a greater respect for teachers, principals, and other school personnel. I'm amazed at all of the time and effort involved in addressing systems level needs. I don't think many parents know what goes into making a district move forward and make positive changes for students."



Ashtanga Yoga Class - Late comers, WELCOME! Only \$6.00 per class

This class will follow the Ashtanga Yoga System. We will progress through the postures to allow students to safely reach their full potential. We will focus on the Victorious Breath (Ujjayi Breathing), focus of our gaze(Drishti), and engaging our energy levels, to allow for the flow of postures to develop a moving meditation. All of which builds strength, flexibility, and relieves stress.

Ten Week Tuesday Evening Class – 5:30-6:45pm \$60 fee Ten Week Thursday Evening Class – 5:30-6:45pm \$60 fee All Tuesday and Thursday Classes = \$110.00 fee
Pranayama (Yoga Breathing) Class

This class will focus on promoting proper breathing and a few gentle yoga postures. Adequate oxygen supply helps to revitalize the mind and body. Oxygen is the most vital nutrient for our bodies. This allows organs such as the brain, nerves, glands, and all other internal organs to function efficiently. When we don't get the oxygen we need, we become mentally sluggish and our internal organs can not function properly. When you actively practice Pranayama, you saturate the blood stream with oxygen which releases toxins in your organs and re-energizes your body. (Great for Seniors or Participants with Injuries which keep them from large movement)

Ten Week Thursday Evening Class – 4:00-5:00pm \$60 fee

All Classes Start Week of September 12th and 14th

Location: Three Rivers Middle School, Bridgetown Road, Room 88

Park in small lot by dumpsters, to left of building, use doors closes to the baseball field.

Make Check Payable to Three Rivers Community Education

Dress Comfortably. Bring Yoga Mat for Ashtanga. May Bring Yoga Mat to Pranayama if comfortable sitting on floor, otherwise, we will use chairs.

Name _____

Address _____

Phone _____

e-mail _____

For more information call Marietta at 513-675-2725 or e-mail me at mcoleman@three-rivers.org



Three Rivers is proud to

Introduce Taylor **STARS**

Students Taking Action for Resident Seniors

is a new Community Service opportunity for the students of Taylor High School.

This eager group of students is willing to perform light tasks for our district Senior Citizens at their homes.

Some suggestions for service are:

- Raking and bagging leaves
- Carrying out large amounts of trash to curb
- Cleaning the garage
- Changing light bulbs
- Vacuuming under couches and chairs
- Plus MORE

This is a FREE service to all Seniors living in the Three Rivers Local School District

Seniors can call 941-6400 and ask for Tom Bailey to reserve your STAR.



5K Run/Walk & 10K Run

Sunday, November 12, 2006

9:00 am –Run Start

9:05 am—Walk Start

Fear the "Cliff"
If you DARE to participate

This 5K & 10K course takes you from North Bend, Ohio past the tomb of President William Henry Harrison. Once you make it past the tomb, a challenging hill takes you to the “CLIFF” as you overlook the Ohio River from far above. The breath taking view of the river combined with the Fall foliage that will surround you will make this an event that will keep bringing you back year after year.

A children’s run/walk will begin at 9:15 am

This event supports the Three Rivers Local School District Athletic Facility Plan
let’s SCORE—Strong Community Organized to Rebuild Excellence

**To register call Tom Bailey at 941-6400
or log on to www.threeriversschools.org and go to “announcements”**



1st annual Fear the "Cliff"

Benefit Run/Walk for the Athletic Facility
Fund of Three Rivers Schools
let's SCORE

Fear the "Cliff"
10K Run & 5K Run/Walk
Sunday, November 12, 2006
9:00 am Run Start
9:05 am Walk Start

LOCATION: The Race starts/ends at Taylor High School at 36 E Harrison Ave. in the heart of North Bend, Ohio. This 5K & 10K course takes you from North Bend, Ohio past the tomb of President William Henry Harrison. Once you make it past the tomb, a challenging hill takes you to the "CLIFF" as you overlook the Ohio River from far above. The breath taking view of the river combined with the Fall foliage that will surround you will make this an event that will keep bringing you back year after year.

TIME 7:30 a.m. Registration Opens
9:00 a.m. Run Begins
9:05 a.m. Walk Begins
9:15 a.m. Kids run/walk Begins at Football Stadium

COURSE DESCRIPTION: The course is a challenging one that takes you up Cliff Road in North Bend. Choose the 10K to double the challenge!

ENTRY FEES:
\$25 Pre-registration \$30 Race day registration
Pre-registrants receive a long sleeve t-shirt on race day.
If registering on race day, shirts will be available on a first come-first served basis
\$5 (\$10 with t-shirt)—Kids walk/run

RACE CATEGORIES: Men and Women: 14/under, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 70-79, 80/over. **Weight:** Men 200-219 lbs., 220/over; Women 160/over lbs. **Fitness Walkers:** 29/ under, 30-39, 40-49, 50-59, 60/over.

Deadline for pre-registration is November 1, 2006

AWARDS: Given to top male/female participants

INFORMATION: Call Tom Bailey at 941-6400

DIRECTIONS: North Bend is located off of Route 50, west of Downtown.
From west: take Route 50 towards Cincinnati or take I-74 to Miamitown/Cleves exit. Take Route 128 south to left on Rt. 50
From north: take I 275-South or I-75/71 to I-74 West to I 275 south to Miamitown/ Cleves exit. Take Route 128 south to left on Route 50
From east: Pick-up Route 50 out of downtown and follow to North Bend

REFRESHMENTS: After the race

COURSE DETAILS: Out and Back Course. Low traffic residential area. The road will be open to traffic. Port-o-lets/water/medic at half way point of 5K and at the quarter/half 3 quarter points of 10K.

OFFICIAL ENTRY BLANK

Name _____ Sex _____ Age on race day _____

Address _____ Phone _____

City _____ State _____ Zip _____

THE FOLLOWING RELEASE MUST BE SIGNED: In consideration for the acceptance of my entry, I, for myself, my executors, administrators and assignees do hereby release and discharge The Three Rivers Local School District and all organizations associated with the Three Rivers School District, the Village of North Bend, and Miami Township, and all sponsors and individuals assisting in the presentation of Fear the "Cliff" Run from all claims of damages, demands and actions whatsoever in any manner or growing out of my participation in this event. I hereby attest and verify that I have full knowledge of the risks involved in this race, that I assume and pay my own medical and emergency expenses in the event of accident, illness or other incapacity, regardless of whether I have authorized such expenses, and that I am physically fit and sufficiently trained to participate in this race.

Make checks payable to: Three Rivers Schools—Fear the "Cliff"
Mail to: Three Rivers—Fear the "Cliff"
92 Cleves Avenue Cleves, Ohio 45002

Circle one:

5K Run 10K Run
5K Fitness Walk Kids Run

Circle one if applicable:
Run -Weight Men 200-219

Run -Weight Men 220/over

Run -Weight Women 160/over

Check one:

___ \$25 Pre-registration—includes t-shirt

___ \$5 Kids Run —no t-shirt

___ \$10 Kids Run—includes t-shirt

T-Shirt (circle one):

Adult XXL XL L M S Child L M S

Entry Signature _____ Date _____

Parent's Signature (required if entrant is under 18) _____ Date _____

In case of medical emergency contact: _____ Phone _____



Do you shop at Kroger? The elementary PTA sells \$1 Kroger cards that can be reloaded each time you shop. Kroger's then give your schools a percentage of every dollar you spend!



Other fund-raisers that you can participate in:

Recycle your ink and laser jet printer cartridges and the schools get free \$\$

Shop at Meijer and the schools get free \$\$

Shop at Target and the schools get free \$\$

Shop at GFS and the schools get free \$\$

Clip Boxtops and Campbell Soup Labels and the schools get free \$\$

Contact your PTA/PTSA representative to see how to get involved.



CONGRATULATIONS to senior Erin Chapman of Taylor High School who is recognized as a 2007 National Merit Commended Student. She has placed among the top 5% of more than 1.4 million students who entered the 2007 competition by taking the PSAT.



Reminder – All news for the On-Line Newsletter is due by Friday at 9 am. Newsletters will be mailed the following Monday before 12 midnight. You MUST include the word “rapids” in the email subject line (this way it can be electronically transferred to the correct folder on my computer)